



# BLENMAN ELEMENTARY SCHOOL

Blenman Bulletin

Vol. 8- Issue 1: August 6, 2024

## Message From Ms. Mack

Dear Blenman families,

Welcome back families! We are excited to see so many new and returning faces! We have over 300 students enrolled this year.

As we get into the swing of things and into our daily instruction, please remember to be here at school every day and on time. When your child is late, he/she misses instructional minutes that add up!

August is the month of showing Respect! Look at our Respect flier for ideas to talk with your child about how we show each other respect. Even when we disagree it is important to show respect to one another.

Sincerely,

Mrs. Mack-Outridge

### School Vision:

#### EAGLES are:

**Empowering our students to be independent,  
Artistic, and creative thinkers with a  
Growth mindset through a  
Loving community while  
Encouraging cultural diversity amongst all learners in a rigorous and  
Supportive academic environment**

### Kindness Pledge:

At Blenman, we are all about kindness, respect, and responsibility. We show kindness by having empathy for others. We show respect by treating others the way we want to be treated. We show responsibility when we are accountable for our actions. At Blenman, we are all about Kindness, Respect, and Responsibility.

Principal: Kelly Mack

School Office Hours: 8:00-3:30

Class Hours: 8:30-2:40, M, T, Th, F

Wed 8:30-1:40

Website: <http://www.tusd1.org/blenman>



Like us on Facebook!

SCAN ME

### Special points of interest:

- Message from Ms. Mack
- School vision and pledge
  - Casa de Los Ninos class Schedule
  - Dominós pizza days
  - Purposeful people newsletter
  - Respect Family newsletter
  - Aug. calendar



casa de  
los niños

50  
años

## Community Education and Outreach 2024 Remote & In Person Parenting Class Schedule

### July:

- July 9, 2024 - 5:30 – 7:30 PM Recognizing & Understanding OUR Feelings
- July 11, 2024- 5:30 – 7:30 PM (SP)Understanding & Expressing Your Anger
- July 16, 2024- 5:30 – 7:30 PM Understanding Alcohol Use & Abuse
- July 18, 2024- 5:30 – 7:30 PM Helping Children Get their Needs Met
- July 23, 2024- 5:30 – 7:30 PM Helping Children Express their Anger Appropriately
- July 25, 2024- 5:30 – 7:30 PM Developing Empathy in Children

### August:

- August 6, 2024-5:30 – 7:30 PM (SP)Why Children Break Rules & Misbehave
- August 8, 2024-5:30 – 7:30 PM Parenting to Prevent Bullying
- August 13, 2024-5:30 – 7:30 PM Positive Ways to Manage Stress & Anger
- August 15, 2024-5:30 – 7:30 PM Ways to Enhance Positive Brain Development
- August 20, 2024-5:30 – 7:30 PM (SP)Alternative to Spanking
- August 22, 2024-5:30 – 7:30 PM Praising Children and their Behavior
- August 27, 2024-5:30 – 7:30 PM Communicating with Respect
- August 29, 2024-5:30 – 7:30 PM Understanding & Expressing Your Anger

### September:

- September 10, 2024-5:30 – 7:30 PM (SP)Developing Family Morals, Values & Rules
- September 12, 2024-5:30 – 7:30 PM Establishing Nurturing Parenting Routines
- September 17, 2024-5:30 – 7:30 PM Ages & Stages of Growth for Infants & Toddlers
- September 19, 2024-5:30 – 7:30 PM Understanding Feelings
- September 24, 2024-5:30 – 7:30 PM (SP)Understanding Feelings
- September 26, 2024-5:30 – 7:30 PM Discipline, Rewards & Punishment

**All above classes will be offered Hybrid and all in the Moore Conference Room  
Registration by visiting our website at [casadelosninos.org](http://casadelosninos.org) or by emailing Carol Bolger at  
[cbolger@casadelosninos.org](mailto:cbolger@casadelosninos.org).**







Casa de  
los niños



## **Educación y Divulgación Comunitaria 2024 Horario de Clases Virtuales y en Persona Para Padres**

### **julio**

- 9 de julio de 2024-5:30 – 7:30 PM Reconociendo y Entendiendo NUESTROS Sentimientos
- 11 de julio de 2024-5:30 – 7:30 PM (ES) Comprender y expresar su enojo
- 16 de julio de 2024-5:30 – 7:30 PM Entendiendo el Uso y Abuso del Alcohol
- 18 de julio de 2024-5:30 – 7:30 PM Ayudar a los niños a satisfacer sus necesidades
- 23 de julio de 2024-5:30 – 7:30 PM Ayudar a los niños a expresar su enojo de manera apropiada
- 25 de julio de 2024-5:30 – 7:30 PM Desarrollo de la empatía en los niños
- 6 de agosto de 2024-5:30 – 7:30 PM (ES) Por qué los niños rompen las reglas y se portan mal

### **agosto**

- 8 de agosto de 2024-5:30 – 7:30 PM Crianza de los hijos para prevenir el acoso escolar
- 13 de agosto de 2024-5:30 – 7:30 PM Formas positivas de manejar el estrés y la ira
- 15 de agosto de 2024-5:30 – 7:30 PM Formas de mejorar el desarrollo positivo del cerebro
- 20 de agosto de 2024-5:30 – 7:30 PM (ES) Alternativa a las nalgadas
- 22 de agosto de 2024-5:30 – 7:30 PM Elogiar a los niños y su comportamiento
- 27 de agosto de 2024-5:30 – 7:30 PM Comunicarse con respeto
- 29 de agosto de 2024-5:30 – 7:30 PM Comprender y expresar su enojo

### **septiembre**

- 10 de septiembre de 2024-5:30 – 7:30 PM (ES) Desarrollar la moral, los valores y las reglas de la familia
- 12 de septiembre de 2024-5:30 – 7:30 PM Establecer rutinas de crianza enriquecedoras
- 17 de septiembre de 2024-5:30 – 7:30 PM Edades y Etapas de Crecimiento para Bebés y Niños Pequeños
- 19 de septiembre de 2024-5:30 – 7:30 PM Comprender los sentimientos
- 24 de septiembre de 2024-5:30 – 7:30 PM (ES) Comprender los sentimientos
- 26 de septiembre de 2024-5:30 – 7:30 PM Disciplina, recompensas y castigos

**Todas las clases anteriores se ofrecerán de forma híbrida y todas en la sala de conferencias Moore.  
Regístrese visitando nuestro sitio web en [casadelosninos.org](http://casadelosninos.org) o enviando un correo electrónico a  
Carol Bolger a [cbolger@casadelosninos.org](mailto:cbolger@casadelosninos.org).**



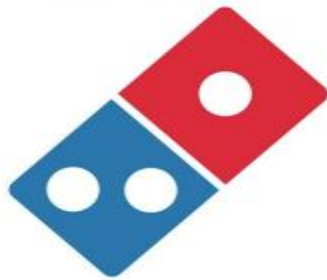


# Domino's Pizza Days....

**August 30**

**September 27**

**November 1 & 22**



Domino's  
**SMART**  
*Slice*™





# PurposeFULL People

Dear Family,

We are thankful for you being part of our school community! The world is changing quickly and we want to do everything we can to help students be successful in school and life.

We are excited to tell you that we will be using a program called PurposeFull People this year. This program teaches skills that will help students be successful in school and in life.

We believe that students should have safe, predictable places to learn where they feel included. Students should have healthy and helpful connections with teachers and classmates. They should also experience learning that will help them tackle challenges inside and outside of school. PurposeFullPeople is more than a set of lessons - it is a partnership between schools and families to create a place where students feel like they belong and learn skills that will help them be the best they can be!

Purposefull People has three main goals for students: Be Kind, Be Strong, and Be Well.

- **Be Kind:** Social skills like listening, friendship, solving conflicts, and leadership.
  - These skills are taught alongside **Empathy, Respect, & Cooperation**
- **Be Strong:** Skills that help students focus, stay organized, and set goals.
  - These skills are taught alongside **Responsibility, Courage, & Perseverance**
- **Be Well:** Skills that help students handle their emotions and deal with stress.
  - These skills are taught alongside **Gratitude, Honesty, & Creativity**

This year, you'll be invited to join the fun! We will send letters home about the skills and strengths being taught each month. Each letter will include some ways to build these skills at home, discussion starters, and fun challenges you can try with your family.

The path forward is full of growth! We cannot wait to partner with you in this work...

- To teach students how to build strong friendships
- To work together to solve problems, big and small
- To grow skills for life
- To become PurposeFull People

With Gratitude,

*Kelly Mack*



# RESPECT

## Family Newsletter

PurposeFULL  
People

### Respect Overview

This month's focus is Respect. One way to think about Respect is "seeing value in all people and things & treating them with care." Many people feel Respected in different ways. We hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students **Be Kind**. Across grade levels, students will be developing skills like perspective-taking, conflict resolution, and leadership.

### Conversation Starters



- Can you share or show what Respect means?
- What is 1 way you have practiced Respect lately?

### PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Respect. Here are 2 "PurposeFull Pursuits" you can complete together!

#1

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the "Respect Rooster" on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.



#2

Review Respect as a family! In our lessons we are teaching that Respect means to see value in people and things and treat them with care. Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward. Consider to embracing this practice at least 1 day each week!





# A note from the health office!

Please make sure to bring in an extra pair of clothes for your child in case of accidents. We also take gently used clothing. Stop by the health office for donations!

## August Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
8/5	8/6	8/7	8/8	8/9 GATE Pull out starts
8/12	8/13	8/14 Fire drill	8/15	8/16
8/19	8/20 <b>Open house 5-6:30</b>	<b>8/21 No School for Students- PLC Day</b>	8/22	8/23
8/26	8/27	8/28	8/29 Eagle Club – 100 Class Dojo points	8/30

